



## MACCHIATO | LATTE

ESPRESSO Shot | \$3

ADD MYLK OR  
2 oz | \$0.5 8 oz | \$2

NS Almond Mylk  
almond, water  
Vanilla Almond Mylk  
almond, vanilla bean, maple  
syrup, himalayan pink salt

SUPER MYLK  
2 oz | \$1 8 oz | \$4

Mushroom Mylk  
vanilla almond mylk,  
cinnamon, chaga, reishi  
Mocha Mylk  
vanilla almond mylk, cacao  
Good Mood Mylk  
vanilla almond mylk,  
cacao, cordyceps

AND/OR SUPERFOOD SYRUP | \$1

Maca Mesquite  
Turmeric Ginger  
Medicinal Mushroom

## TEA LATTE

- Maca Mesquite | \$5
- pu-erh tea, vanilla almond mylk, maca mesquite dust
- Turmeric Matcha | \$5.5
- matcha, turmeric, vanilla almond mylk, honey
- Chai | \$5
- chai tea, vanilla almond mylk
- Magical Sparkly Beast w/ 1 Horn | \$6.5
- vanilla almond mylk, ginger, lemon, blue magik, ashwagandha, dates, maca, sprinkles
- Liquid Gold | \$5.5
- mushroom mylk, turmeric, honey, ginger, black pepper, turmeric tea
- Hot Tonic | \$5
- hot water/green tea, lemon, ginger, honey, echinacea, zinc, turmeric

## LEAF TEA

- \$2.5
- Green Tea w/ Lime
- Pu-Erh
- Zen Tea
- Cinnamon Fig
- Get Well
- Cleanse

## COFFEE

- Iced Coffee | \$3.5
- Brew | \$3
- Keto Coffee | \$5
- brew, coconut oil, ghee

## BALANCE BOWLS

Vata Bowl | \$14

sweet, salty, sour tastes, with warm cooked foods  
brown basmati rice, seared salmon, avocado slices, summer squash with leaks, shocked spinach, mango chutney, lemon tahini dressing

Pitta Bowl | \$13

sweet, bitter, astringent tastes, with cool and warm flavors  
cauliflower rice, falafel bites, avocado, kale leek sauté, roasted sweet potatoes, cucumber mint raita chutney, cilantro green goddess dressing

Kapha Bowl | \$12

pungent, bitter, astringent tastes, with heated flavors  
superfood grains, lentils stewed in tomatoes, roasted sunchokes, broccoli, grilled corn cabbage salad, green chili lime chutney, sunshine dressing

Paleo Bowl | \$13

cauliflower rice, turkey meatballs, shocked spinach, summer squash with leeks, charred red pepper salad, coconut marinara, cashew green dream dressing

Kitchari | \$8

split mung dal simmered in ghee, warm spices, herbs over brown basmati rice garnished with cilantro & lime

## BUILD YOUR OWN BOWL

1. BASE | \$1.75

Brown Rice gf|df|v

Cauliflower Rice gf

{contains ghee}

Power Grains gf|df|v

quinoa, millet, & amaranth  
seasoned with warm spices

2. PROTEIN

Seared Salmon | \$7 gf|df

Falafel Bites | \$3 gf|df|v

Lentils Stewed in Tomatoes | \$2 gf|df|v

Turkey Meatballs | \$3 gf|df

{contains eggs}

3. SIDES | \$2

- Avocado sprinkled with citrus & pink salt
- Summer squash leek sauté with nutritional yeast
- Sautéed kale & leeks with lemon
- Shocked spinach with pink salt
- Sweet potatoes, cinnamon, nutmeg, & coconut sugar
- Roasted sunchokes, ghee, garlic, & celery
- Blanched broccoli with sea salt
- Grilled corn cabbage salad with harissa
- Kimchi
- Charred red pepper salad
- Pickled cabbage in ume plum
- Pickled cucumbers in ume plum
- Sesame carrots

4. CHUTNEY & SAUCE | \$1.5

Mango Chutney

mango, vinegar, cinnamon, cloves, cardamom, star anise, serrano chili, cayenne, nutmeg, honey

Cucumber Mint Raita

coconut yogurt, lime, mint, pink salt

Green Chili Lime Chutney

serrano chilis, mint, cilantro, shallots, lime

Hummus

puréed chickpeas with olive oil, garlic, salt

Coconut Marina

coconut cream, red sauce, spices, fresh herbs

5. DRESSINGS | Included

Lemon Tahini

sesame seeds, sesame oil, lemon, coconut amino, and salt

Cilantro Green Goddess

cilantro, shallots, coconut cream, coconut water, lime, coconut sugar

Sunshine Sauce

almonds, basil, turmeric, lemon, honey, garlic, and salt

Cashew Green Dream

cashews, shallots, garlic, nutritional yeast, cilantro, lime, salt

Chickpea Ranch

chickpeas, grapeseed oil, almond milk, lemon, garlic, chives, parsley, dill, ACV, salt, pepper

## JUICE

Six Taste Juice | \$9

cucumber, green apple, lemon, celery, dandelion, ginger

Sweet + Sour | \$8

green apples, lemon, ginger

BitterSweet | \$9

dandelion, green apple

Ojas Juice | \$9

pineapple, orange, ginger, turmeric, schisandra berry, rosehip hibiscus

BuildYourOwnJuice

## SHOTS

Six Taste Flight | \$8

sweet, salty, sour, bitter, astringent, pungent

Switchel | \$3.5

acv, ginger, water, lemon, mint, honey

## SMOOTHIE

Smokin Hot | \$9

mango, kale, jalapeno, cilantro, pineapple water, chia seeds

Dragon | \$9

pitaya, almond mylk, pineapple, mango, strawberries

Good Mood | \$9

good mood mylk, banana, coffee, almond butter, chaga, maca, ashwagandha

## BREKKIE BOWL

Power Up | \$11.5

base: choco chia pudding  
toppings: pomegranate, cacao nibs, amaranth, cashew cream

Banana Split | \$11.5

base: banana, strawberry, mocha mylk, cashew cream  
toppings: banana, strawberry, pineapple, cacao nibs, almond butter, cacao syrup

Beauty & The Beet | \$11.5

base: acai, pineapple, banana, beets, blueberries  
toppings: bee pollen, beet granola

CocoNutty Morning | \$12

base: coconut yogurt  
toppings: coconut granola, hazelnut crunch, maca mesquite syrup, pineapple

Chunky Monkey | \$11.5

base: almond crumble  
toppings: cashew cream, banana, walnuts, sunbutter

Super C | \$11.5

base: strawberry chia pudding  
toppings: beet granolas, coconut flakes, cacao syrup, seasonal fruit